

# Daily Features

## Monday

### 3OZ RIB EYE STEAK - 10.99

Served with creamy style coleslaw, a warm roll and your choice of side† Add a 3oz rib eye steak for 3.50



## Tuesday

### PORK PARMIGIANA - 9.99

A tender seasoned breaded pork cutlet, topped with our pomodoro sauce and three cheese blend. Served with fettuccine in a rosé sauce, caesar salad and toasted garlic bread.

Chicken Parmigiana - add 1.50

## Wednesday

### SPAGHETTI & MEATBALLS - 9.99

Tender parmesan meatballs simmered in a homemade pomodoro sauce, on a bed of spaghettini noodles served with a slice of toasted garlic bread.



## Thursday

### CORNED BEEF & CABBAGE - 13.99

Corned beef brisket, cabbage, potatoes, carrots, turnip and sweet mustard pickles.

## Friday

### SALT COD & SCHRUNCHINS - 13.99

Salt cod, potatoes, turnip and carrots, fried pork scraps (schrunchins), onions, green chow and buttered roll.



## Saturday

### BBQ RIB COMBO - 12.49

1/3 side rack of braised pork ribs, accompanied with choice of homestyle corn bread, baked beans or coleslaw and your choice of side. Add 1/3 side rack of ribs for 3.50

## Sunday

### ROASTED CHICKEN ROULADE - 12.99

Tender young chicken, deboned, stuffed with our signature dressing and roasted to perfection. Served with mashed turnip and carrots, your choice of side†, roll and cranberry sauce.



We prepare a limited number of daily features. Although we try to meet guest demands, occasionally we sell out early.

## Breakfast

AVAILABLE DAILY UNTIL 4 PM



# Appetizing Starters

GREAT FOR SHARING

## STEAMED MUSSELS

Fresh Nova Scotia cultivated mussels, cooked in white wine and garlic.

**1LB - 7.49** (each additional lb. - add 6.49)

## TOASTED GARLIC CHEESE BREAD

Served with our three cheese blend.

**2PC - 3.99** (each additional slice - add 1.69)

## MARITIME SEAFOOD CHOWDER

A creamy blend of fish and shellfish. Served with warm roll. **BOWL - 8.99 CUP - 6.99**

## STEIN BEEF BARLEY SOUP

**BOWL - 4.99 CUP - 3.49**

## PICKLE SPEARS - 6.49

Five deep fried breaded dill pickle spears served with curry-mayo sauce.



(add 2 breaded pickle spears to any entree for \$2.50)

## POTATO BOATS - 8.99

Potato shells topped with our three cheese blend, real bacon bits and sprinkled with green onions. Served with sour cream and salsa.

## NACHOS - 10.49 LARGE - 14.99

Crisp housemade tortilla chips and our three cheese blend topped with tomatoes, green onions, black olives and jalapeno peppers.

Served with salsa and sour cream.

(add diced chicken or pulled pork - 3.99)

## GARLIC BAGUETTE - 9.49

Onion poppyseed batard bread drizzled with garlic butter, topped with tomatoes, green onions and our three cheese blend.

Baked to golden brown.



## GREAT BLOOMIN' ONION - 10.49

A colossal spanish onion, lightly battered with our special seasoning and deep fried. Served with curry and sherry mayonnaise.

## SIDEWINDERS - 6.99

Sea-salted, beer battered fries with a unique twist that's great for dipping. Served with our chipolte mayo-mustard dipping sauce.



## FRENCH ONION SOUP - 6.99

Sweet spanish onions, simmered in a rich beef consommé and enhanced with red wine and spices. Topped with croutons and our three cheese blend

## QUESO CHEESE STICKS - 6.99

Mildly spiced cheddar cheese wrapped in a colorful corn tortilla batter. Served with salsa.

## ONION RINGS - 8.49

Basket of original onion rings served with Ranch or Sriracha sauce.

# Side & Dinner Salads

**GARDEN SALAD 5.99**

**CAESAR SALAD 5.99**

**GREEK SALAD 6.99**

**SPINACH SALAD 6.99**



### DRESSING CHOICES

Mighty Caesar • Buttermilk Ranch • Balsamic Vinaigrette • Greek Feta • Tuscan Italian Fat-Free • Light Poppyseed • French

### OTHER DRESSINGS

Stein Signature Derby House Dressing and Raspberry Yogurt Poppyseed

## Dinner Size Salads served with Garlic Bread

**GARDEN OR CAESAR - 10.99**

**SPINACH OR GREEK - 12.99**

### TOP YOUR SALAD WITH :

**GRILLED CHICKEN BREAST - 4.00**

Derby or charcoal style julienne rib eye steak cooked to your liking:

**7OZ DEL MONICO STEAK - ADD 7.50**

**5OZ CALGARY STEAK - ADD 6.50**

**GRILLED SALMON - ADD 7.50**

**5 BREADED OR PAN SEARED SHRIMP - ADD 5.00**

**5 BREADED OR PAN SEARED SCALLOPS - ADD 8.00**

(add cheese to your garlic bread - .99)

Extra condiments/sauces available at an additional charge. All applicable taxes extra.



# Steaks From the Grill



## Derby or Charbroiled Style?

Since 1973, Derby style with our secret marinade of garlic and other spices, has been the most popular choice with Steak and Stein guests.

Charbroiled, on the other hand, is preferred by those who enjoy the natural, robust flavours of charcoal broiled beef.

## Boneless Rib Eye Steaks

**DEL MONICO 7 OZ STEAK**  
SINGLE DEL - 17.49

**STAMPEDE 3 OZ STEAK**  
TWO OF A KIND - 15.99

**CALGARY 5 OZ STEAK**  
SINGLE CALGARY - 14.99

**\*ADD A STEAK TO ANY STEAK ENTRÉE\***

7OZ. RIB EYE - 7.50

3OZ. RIB EYE - 5.50

5OZ. RIB EYE - 6.50

**TWIN 4OZ B/W TENDERLOIN STEAKS - 20.99**  
(NOT AVAILABLE IN OUR DERBY MARINADE)

## Fully Aged - Premium Steaks

\*These fully-aged premium steaks are available in our 'signature' Derby marinade, all natural, or peppercorn style with a brandy peppercorn sauce.

**12 OZ 'KING' OF RIB EYES - 24.49**

**6 OZ \*BACON-WRAPPED ROYAL FILET - 21.99**

\*Derby style not available bacon-wrapped.

**8 OZ NEW YORK STRIPLOIN - 20.99**

**14 OZ COWBOY (PRIME RIB) STEAK - 26.99**

**16 OZ T-BONE - 27.99**

*Add 5 breaded or pan seared shrimp - 5.00*

*Add 5 breaded or pan seared scallops - 8.00*

# Steak Combos

Derby and charbroiled styles are available for all steak selections and served with our famous creamy style coleslaw, a warm roll and your choice of side. †

**1/3 RACK OF RIBS & CALGARY STEAK - 20.49**

**1/2 RACK OF RIBS & DEL MONICO STEAK - 24.49**

### MIXED GRILL

Spicy Oktoberfest sausage with:

**DEL MONICO - 20.49 CALGARY - 18.49**

### HADDOCK & STEAK

Baked, breaded or pan fried haddock with:

**DEL MONICO - 20.49 CALGARY - 19.49**

### SALMON & STEAK

Baked, grilled or pan fried salmon with:

**DEL MONICO - 23.49 CALGARY - 21.99**

**ADD:**



**SAUTÉED MUSHROOMS 2.99**



**SAUTÉED ONIONS 1.19**



**BAKED BEANS - 2.99**



**BEEF OR CHICKEN GRAVY .99**



**OKTOBERFEST SAUSAGE - 4.49**

# Stein Favourites

### SHEPHERD'S PIE - 9.99

A traditional family favourite consisting of beef tenderloin, onions, mushrooms, carrots and corn in a thick savory red wine sauce, topped with duchess potatoes



**Make it a Meal? - Add garden or caesar salad 3.50**

### LIVER, BACON & ONIONS - 13.49

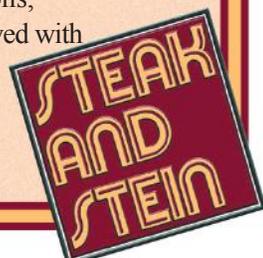
Grilled beef liver, onions and bacon topped with beef gravy. Served with coleslaw, a warm roll and choice of side. †

### DERBY BEEF TENDERLOIN TIPS - 15.99

Marinated beef tenderloin tips with onions, mushrooms, red and green peppers. Served with a slice of toasted garlic bread and choice of side. †

(add cheese to your garlic bread - .99)

*Extra condiments/sauces available at an additional charge. All applicable taxes extra.*



# Seafood Selections

## FISH FRITTERS & FRIES – 11.49

A basket of panko coated deep fried fish nuggets on a bed of fries, served with our own zesty tartar sauce.

## DEEP FRIED BREADED HADDOCK

3PC - 15.99 2PC - 13.49 1PC - 10.49

### SEAFOOD

#### TREASURES - 19.99

A medley of fresh pan fried haddock, salmon, scallops, shrimp and mussels, drizzled with dill butter sauce.



## ATLANTIC SALMON - 16.99

A delicious salmon fillet baked, grilled or pan fried and served with basil mayonnaise.

## FISH CAKES & BEANS - 11.49

Two homestyle salt cod fish cakes served with homemade baked beans, green tomato chow and a warm roll.

## PAN FRIED OR BAKED HADDOCK - 15.49

A choice haddock fillet, delicately seasoned and pan fried or oven baked.

With the exception of Fish Fritters and Fish Cakes & Beans, seafood selections are served with coleslaw, a warm roll and your choice of side. †

# Ribs & Chicken

The following selections are served with coleslaw, a warm roll and your choice of side. †

Our pork side ribs are brushed with your choice of Barbeque, Diana or Honey Garlic sauce.

1/3 RACK - 13.99 1/2 RACK - 18.99

FULL RACK - 22.99

## 1/3 RACK OF RIBS

## & CHICKEN BREAST - 17.99

Charbroiled chicken breast lightly brushed with Diana sauce.

## CHICKEN BREAST DINNER - 15.99

Two boneless chicken breasts, charcoal broiled and served with a mild Diana sauce.

## CHICKEN TENDERLOIN - 11.49

A 6 oz portion of breaded chicken breast strips.

# Pasta

These selections include a slice of garlic bread (add cheese to your garlic bread - .99)

## FETTUCCHINE PRIMAVERA - 11.49

Sautéed vegetables in a rosé sauce tossed with fettuccine noodles.

(ADD CHICKEN OR 3 SHRIMP - 3.49 OR 3 SCALLOPS - 4.99)

## CHICKEN ALFREDO - 12.99

Charbroiled chicken, garlic and alfredo sauce tossed with fettuccine.

## SPICY SAUSAGE PENNE - 11.49

Oktoberfest sausage, onions, mushrooms and peppers tossed with penne pasta and tomato basil sauce.

(add an additional sausage - 4.49)

## DERBY BEEF TIP STROGANOFF - 15.49

Marinated beef tenderloin tips with onions, mushrooms, red and green peppers heaped over a bed of fettuccine. Served with sour cream.

# † Side Choices

Choose one of the following sides included with your meal or add an additional side for:

FRENCH FRIES  
{POUTINE - ADD 3.50}

2.99

SIDEWINDERS

6.49

BAKED POTATO  
{LOADED - ADD 1.50}

2.99

MASHED POTATOES  
{LOADED - ADD 2.00}

2.99

CUP OF STEIN SOUP

3.49

ORIGINAL ONION RINGS

4.49

BAKED BEANS

2.99

CARROTS, PEAS OR CORN

1.99

POTATO CRISPS

3.99

SWEET POTATO FRIES 🍷

6.99

CREAMY COLESLAW

1.99

RICE PILAF

2.99

SALADS: GARDEN - 5.99 CAESAR - 5.99 SPINACH - 6.99 GREEK - 6.99

Meals accompanied with soup or salads do not include coleslaw. 🍷 For Sweet Potato Fries - add 3.50

Extra condiments/sauces available at an additional charge. All applicable taxes extra.



# Sandwiches & Burgers

Served with choice of side.†

## STEAK SANDWICH - 17.99

Two 3oz. rib eye steaks, Derby or charbroiled, on toasted garlic bread, topped with onion curls and our three cheese blend. **CALGARY - 16.99**

## HADDY ON A BUN - 10.99

Lightly breaded haddock fillet cooked until golden brown. Served on a bun with lettuce, tomato and basil mayo.

## PHILLY CHEESE STEAK - 14.49

Shaved steak, onions, green pepper, mushrooms and garlic sautéed together and finished with a derby glaze. Served on a toasted panini bun and topped with provolone cheese. **(double the meat - 3.50)**

## SMOKED MEAT MELT - 13.49

A grilled sandwich filled with shaved smoked meat and creamy swiss cheese. **(double the meat - 4.00)**

## SMOKED MEAT ON RYE - 11.49

Light rye bread, mustard and layers of world famous Montreal smoked meat brisket. Served with pickle spear. **(double the meat - 4.00)**

## CHICKEN BURGER - 12.49

Breaded or grilled chicken breast served on a sesame seed bun with onions, tomato, lettuce and mayo.

## STEIN BURGER - 12.49

A Homestyle burger that has lots to beef about! Our signature 8 oz burger on a toasted bun with your choice of toppings. **(add cheese - .75) (add bacon - .75) (add 8oz. patty - 4.50)**

## STEIN CHICKEN CLUB - 12.49

Sliced grilled chicken breast, tomato slices, crispy bacon, lettuce and chipotle mayo on three slices of toasted whole wheat bread. **(add Cheese - .75)**

## HOT CHICKEN SANDWICH - 10.49

All white meat smothered in homemade chicken gravy between slices of bread topped with green peas.

## HOT HAMBURGER SANDWICH - 11.49

Our signature burger sandwiched between bread and topped with beef gravy and green peas.

## PULLED PORK - 13.99

Slow-cooked seasoned pork layered on sourdough flat bread. Topped with sautéed onions, green peppers and mushrooms and our three cheese blend.

## HAWAIIAN CHICKEN SANDWICH - 13.49

A charcoal broiled chicken breast, basted with Diana sauce, served on toasted garlic bread topped with pineapple and our three cheese blend.

## Beverages

FREE refills with coffee, tea, soft drinks and iced tea.

### CHILLED JUICES

(apple, orange, tomato or clamato)	Reg.	2.29
	Large	2.79
	Ex. Large	4.39

### MILK

(1% white or chocolate)	Reg.	2.29
	Large	2.79
	Ex. Large	4.39

### BOTTOMLESS COFFEE OR BREWED DECAF

1.99

### BOTTOMLESS TEA (regular or specialty)

1.99

### HOT CHOCOLATE

1.99

### BOTTLED JUICES 3.29

### BOTTOMLESS ICED TEA OR STRAWBERRY KIWI COCKTAIL 2.69



### BOTTOMLESS SOFT DRINKS 2.69



### AQUAFINA BOTTLED WATER (591 ml) 1.89



### MONTELLIER Carbonated Water -(500ml) 2.49

DO YOU HAVE FOOD INGREDIENT OR ALLERGY CONCERNS?  
PLEASE INFORM OUR SERVICE STAFF BEFORE ORDERING.

### GROUP BOOKINGS

From birthdays and anniversaries to graduations and promotions.....even bus tours!  
For all your group needs, speak to our manager, give us a call or visit us online:

[www.steakandstein.ca](http://www.steakandstein.ca)

Breakfast served from 7:30 am

620 Portland Street, Dartmouth 902-434.8814

6061 Young Street, Halifax 902-454-8814



Extra condiments/sauces available at an additional charge. All applicable taxes extra.

