



ASK YOUR SERVER ABOUT OUR DAILY IN-HOUSE SPECIALS!

APPETIZERS

MUSSELS (1 lb) GFO
Fresh Nova Scotia cultivated mussels cooked in white wine and garlic. **9.99**
Each additional lb. **8.49**

GARLIC CHEESE BREAD (2pc)
Garlic bread topped with our three cheese blend and toasted. **4.79**
Each additional slice **2.19**

PICKLE SPEARS
Five deep fried breaded dill pickle spears served with curry-mayo sauce for dipping. **6.99**

GARLIC & HERB BREADED SHRIMP
Five extra-large and tender butterflied shrimp lightly breaded in garlic with herbs. Served with Marie Rose sauce. **8.99**

POTATO SKINS
Hand-cut potato skins and our three cheese blend lightly seasoned and topped with bacon bits and green onions. Served with salsa and sour cream. **13.99**

NACHOS
Crisp housemade tortilla chips and our three cheese blend topped with tomatoes, green onions, black olives and jalapeno peppers. Served with salsa and sour cream.
Regular 12.49
***Large 17.49 *Or go Half & Half (Nachos and Potato Skins)**
Add chicken or spicy beef topping **4.70**

BLOOMIN' ONION
A colossal spanish onion, lightly battered with our special seasoning and deep fried. Served with curry and sherry mayo. **13.49**

ONION RINGS
Basket of onion rings served with ranch or sriracha sauce. **9.49**

SIDEWINDERS
Sea-salted, beer battered fries with a unique twist for dipping. Served with our chipotle mayo-mustard dipping sauce. **7.99**
Make it a poutine! Three-cheese blend or cheese curds and beef or chicken gravy 5.50

SOUPS & SALADS

STEIN SOUP OF THE DAY
Bowl **5.99** / Cup **4.49**
Served with a warm roll or crackers.

MARITIME SEAFOOD CHOWDER
A creamy blend of fish and shellfish. Served with a warm roll or crackers.
Bowl **12.99** / Cup **9.99**

FRENCH ONION SOUP
Sweet spanish onions, simmered in a rich beef consommé and enhanced with red wine and spices. Topped with croutons and our three cheese blend. **7.99**

GARDEN OR CAESAR SALAD
Side **7.99** / Dinner **12.99**

GREEK OR SPINACH SALAD
Side **8.49** / Dinner **14.99**

All salads are GFO
Dinner size salads include a slice of garlic bread or roll.

Top Your Salad With:
Grilled or Breaded Chicken Breast **7.00**
5oz. Ribeye Steak **9.00**
7oz. Ribeye Steak **10.00**
Salmon Fillet **10.00**



The following selections served with choice of side.

BURGERS

Add cheese to any burger **.95**
Add bacon to any burger **.95**

CHICKEN BURGER
A made-in-house breaded or grilled chicken breast served on a gourmet bun with your choice of toppings. **14.99**

STEIN BURGER
A homestyle Derby burger on a toasted bun with choice of toppings. **13.99**
Add burger patty **5.00**

GRILLED SHROOM BURGER
Our Derby burger topped with swiss cheese, mushrooms and onions, drizzled with our classic burger sauce and served on a toasted bun. **14.99**

SANDWICHES

STEAK SANDWICH
A 5oz ribeye steak, Derby or charbroiled, on toasted garlic bread topped with onion curls and our three cheese blend. **18.49**
Upsize to 7oz. ribeye **2.00**

SMOKED MEAT MELT
Grilled sourdough panini bread filled with shaved smoked meat and creamy swiss cheese. **15.99**
Double the meat **5.00**

SMOKED MEAT ON RYE
Montreal smoked meat brisket on mustard sandwiched between lightly toasted marbled rye or multi grain bread. Served with pickle spear. **16.49**
Double the meat **5.00**

REUBEN SANDWICH
Toasted marbled rye or multigrain bread, dijon mustard, sauerkraut, swiss cheese and Montreal smoked meat brisket. Served with pickle spear. **16.99**
Double the meat **5.00**

STEIN CHICKEN CLUB
Sliced grilled chicken breast, tomato slices, crispy bacon, lettuce and chipotle mayo on three slices of toasted bread. **14.99**
Add cheese **.95**

PHILLY CHEESE STEAK
Shaved steak, onion, green pepper, mushrooms and garlic sautéed together and finished with a Derby glaze. Served on a toasted panini bun and topped with provolone cheese. **16.49**
Double the meat **5.00**

HAWAIIAN CHICKEN
A charcoal broiled chicken breast basted with Diana sauce, served on toasted garlic bread topped with pineapple and our three cheese blend. **15.99**

CLASSIC HOT SANDWICHES

HOT CHICKEN
Pulled white and dark chicken smothered in homemade chicken gravy between slices of bread topped with green peas. **13.99**

HOT HAMBURGER
Our all beef Derby Burger sandwiched between bread and topped with beef gravy and green peas. **14.99**
Add onion curls or grilled onions **1.99**

SIDE CHOICES

Choose one of the following sides included with your meal or add an additional side for:

FRENCH FRIES.....	3.49	GFO	RICE PILAF.....	3.49	GFO	CAESAR SALAD.....	7.99
(POUTINE - add 5.50)			ONION RINGS.....	4.99	GFO	SPINACH or GREEK..	8.49
SIDEWINDERS.....	1/2 order 3.99	GFO	BAKED BEANS.....	3.49		<i>Meals accompanied with a salad do not include coleslaw or carrot-broccoli medley. For Garden or Caesar Salad - add 2.00 For Spinach or Greek Salad - add 2.50</i>	
GFO BAKED POTATO.....	3.49	GFO	CREAMY COLESLAW.....	3.49		<i>For Sweet Potato Fries add 3.75</i>	
(LOADED - add 3.00)		GFO	CARROT & BROCCOLI MEDLEY..	3.49		<i>Extra condiments/sauces available at an additional charge.</i>	
GFO RED-SKINNED MASHED POTATOES..	3.49	GFO	SWEET POTATO FRIES.....	7.99			
(LOADED - add 3.50)		GFO	GARDEN SALAD.....	7.99			
CUP OF STEIN SOUP.....	4.49						

DID YOU KNOW?

You can now order Online and Local: steakandstein.ca OR halihub.ca

Do you have food ingredient or allergy concerns? Please inform our service staff before ordering.

GFO Gluten Friendly Option
V Vegan

CONNECT WITH US ON:
  steakandstein.ca

Halifax Location | 902-454-8814
6061 Young Street, Halifax

Dartmouth Location | 902-434-8814
620 Portland Street, Dartmouth

STEAKS FROM THE GRILL

Derby OR CHARBROILED STYLE?

Since 1973, Derby style with our secret marinade of garlic and other spices, has been the most popular choice with Steak and Stein guests. Charbroiled on the other hand, is preferred by those who enjoy the natural, robust flavours of charcoal broiled beef.

All Steak Selections are served with our famous creamy coleslaw or carrot & broccoli medley, a warm roll and choice of side.

BONELESS RIB EYE STEAKS

DEL MONICO 7oz STEAK 19.99

'DOUBLE DEL MONICO'
(TWO 7oz STEAKS) 29.99

CALGARY 5oz STEAK 17.99

'TWO OF A KIND'
(TWO 5oz STEAKS) 21.99

FULLY-AGED PREMIUM STEAKS

These fully-aged premium steaks are available in our 'signature' Derby marinade, all natural or peppercorn style with a brandy peppercorn sauce.

12oz 'King' of Rib Eyes 27.99 **GFO**

6oz Bacon-Wrapped Filet 25.99 **GFO**
Derby style not available
bacon-wrapped.

14oz Cowboy (bone-in) Steak
30.99 **GFO**

New York Striploins
8oz cut 23.99
10oz cut 25.99

COMBO IT UP!

Add to any
Entrée
Purchase

HADDOCK (4oz)
Baked, pan or deep-fried 6.00

SALMON (6oz)
Panfried, baked or grilled 10.00

SHRIMP
Breaded or panfried
3pc 3.75 / 5pc 5.75

SCALLOPS
Breaded or panfried
3pc 6.50 / 5pc 9.75

1/3 SIDE PORK RIBS
Brushed in BBQ, Diana or
Honey-garlic sauce. 7.00

1/2 SIDE PORK RIBS
Brushed in BBQ, Diana or
Honey-garlic sauce. 11.25

OKTOBERFEST SAUSAGE
Served with Oktoberfest Mustard.
6.00

1/4 ROASTED CHICKEN
Brushed in BBQ, Diana or
Honey-garlic sauce. 7.50
Substitute for white meat 1.80

1/2 ROASTED CHICKEN
Brushed in BBQ, Diana or
Honey-garlic sauce. 11.50
Substitute for white meat 1.80

ADD-ONS

Add 2 breaded pickle spears
to any entrée 3.00
Sautéed Mushrooms 3.59
Sautéed Onions or Onion Curls 1.99
Beef or Chicken Gravy 1.99
Brandy Mushroom Sauce 2.99
Brandy Peppercorn Sauce 2.99
Derby Sauce 1.99

PASTA

Pasta dishes include a slice of
garlic bread. Add cheese for 1.29

FETTUCCINE PRIMAVERA
Sautéed green and red peppers,
broccoli, carrots, celery, red onions
and mushrooms in a rosé sauce
tossed with fettuccine noodles. 14.49
Add chicken 7.00

SPICY SAUSAGE PENNE
Oktoberfest sausage,
onions, mushrooms and peppers
tossed with penne pasta and
tomato basil sauce. 13.99
Add an additional sausage 6.00

Derby BEEF TIP STROGANOFF
Marinated beef tenderloin tips
with onions, mushrooms, red and
green peppers heaped over a bed of
fettuccine. Served with sour cream.
18.99

**BROCCOLI & FETTUCCINE ALFREDO
WITH GARLIC & HERB SHRIMP**
Broccoli, parmesan cheese and
alfredo sauce tossed with fettuccine.
Topped with 3 garlic & herb shrimp.
17.49
Add 3 garlic and herb shrimp 3.75

MAPLE CURRY COCONUT CHICKEN
Perfectly seasoned, creamy curry
penne pasta, mixed with red and
green peppers, onions, mushrooms
and spinach topped with semi-sweet
breaded coconut chicken bites. 15.99

CHICKEN ALFREDO
Charbroiled chicken,
garlic and alfredo sauce
tossed with fettuccine. 15.49

SEAFOOD SELECTIONS

With the exception of
Fish Fritters & Fries
and Fish Cakes & Beans,
the following selections
are served with coleslaw
or carrot & broccoli
medley, a warm roll &
choice of side.

FISH FRITTERS & FRIES
A basket of panko coated deep
fried fish nuggets on a bed of fries.
Topped with a sprinkle of
green onions and served with
our own zesty tartar sauce. 12.99

SHRIMP PLATTER **GFO**
Eight breaded or panfried
shrimp served with our own
seafood sauce. 17.99

SCALLOP PLATTER **GFO**
Eight breaded or panfried
scallops served with our
own zesty tartar sauce. 21.99

SEAFOOD TREASURES
A medley of fresh pan fried
haddock, salmon, scallops,
shrimp and mussels, drizzled with
dill butter sauce. 22.49

DEEP FRIED BREADED HADDOCK
1pc 11.49
Each additional pc. 6.00

ATLANTIC SALMON **GFO**
A delicious salmon fillet baked,
grilled or pan fried and served
with basil mayonnaise. 20.49

FISH CAKES & BEANS **GFO**
Two homestyle salt cod fish cakes
served with homemade baked beans,
green tomato chow and a warm roll.
13.99

SEASONED HADDOCK **GFO**
A haddock fillet, pan fried,
or oven baked. 17.99

STEIN FAVOURITES

Derby BEEF TENDERLOIN TIPS
Marinated beef tenderloin tips
with onions, mushrooms, red and
green peppers. Served with a
slice of toasted garlic bread
and choice of side. 18.99
Add cheese to bread 1.29

LIVER, BACON & ONIONS
Beef liver, onions and bacon topped
with beef gravy. Served with coleslaw
or carrot & broccoli medley, roll and
choice of side. 15.49

TRADITIONAL MEATLOAF
Perfectly seasoned, warm and
hearty meat loaf topped with a
brandy mushroom sauce.
Served with red skinned
mashed potatoes, green peas
and a warm roll. 14.99

RIBS OR CHICKEN

Meals are served with our famous
creamy coleslaw or carrot &
broccoli medley, a warm roll and
choice of side.

Our pork side ribs are brushed
with your choice of BBQ, Diana
or Honey-Garlic sauce. **GFO**
1/3 Rack 15.99
1/2 Rack 20.99
Full Rack 26.49

ROASTED CHICKEN DINNER **GFO**
Tender rotisserie style chicken.
Brushed with your choice of BBQ,
Diana or Honey-Garlic sauce.
Quarter 13.99 / Half 18.99
Substitute for all white meat 1.80

CHICKEN TENDERS
A portion of housemade seasoned
breaded chicken strips. 14.99

BEVERAGES

FREE refills with coffee, tea, soft drinks and iced tea.

CHILLED JUICES
Apple, orange, tomato or clamato
Reg. 2.59
Large 2.99
Ex. Large 4.79

MILK
1% white or chocolate
Reg. 2.59
Large 2.99
Ex. Large 4.79

**BOTTOMLESS COFFEE
OR BREWED DECAF** 2.59

BOTTOMLESS TEA 2.59

SPECIALTY TEAS 2.59

HOT CHOCOLATE 2.59

BOTTLED JUICES 3.69

SHIRLEY TEMPLE Reg. 2.49
Large 2.99

**BOTTOMLESS ICED TEA OR
STRAWBERRY KIWI COCKTAIL** 2.99

BOTTOMLESS SOFT DRINKS 2.99

BOTTLED WATER 2.49
591ml

CARBONATED BOTTLED WATER 2.99
500ml



Rise & Shine BREAKFAST



OATMEAL, PANCAKES & FRENCH TOAST

OATMEAL, TOAST & COFFEE

Warm up with a hearty, healthy bowl of homemade oatmeal, toast, jam and a cup of fresh-brewed coffee or tea. 7.99
Add maple pecans & raisins to your oatmeal 1.49

FRENCH TOAST PLATTER

Three slices of thick-sliced bread, dipped in egg and cinnamon and grilled to golden perfection. Sprinkled with icing sugar and served with syrup and your choice of a fruit cup, bacon, ham or sausage.†† 9.99

PANCAKE PLATTER

Two pancakes and syrup complete with your choice of bacon, ham or sausage.†† Served with a seasoned hashbrowns or fruit cup or homestyle baked beans.† 9.99

BANANA BREAD FRENCH TOAST

This classic banana bread is perfectly sweet, moist and full of flavour! We dip it in egg and cinnamon and then grill it to golden brown. It's so delicious you'll wish you could eat it every morning. Sprinkled with icing sugar and served with real Canadian maple syrup and your choice of a fresh fruit cup, bacon, ham or sausage. 13.99

KITCHEN FAVOURITES

BIG BREAKFAST COMBO (GFO)

Two eggs, two bacon strips, a slice of ham and a breakfast sausage served with a fruit cup or seasoned hashbrowns or homestyle baked beans† and two slices of toast. Complete with your choice of regular size juice, milk, coffee or tea. 13.49

CORNED BEEF HASH & EGGS (GFO)

A heaping dish of potatoes, carrots, turnip and lean corned beef, grilled and served with two eggs and two slices of toast. 12.99

BREAKFAST SANDWICH (GFO)

Two eggs, ham, red and green peppers, onions and your choice of cheddar or swiss cheese, sandwiched between toasted white, wheat or multigrain bread. Served with a fruit cup or seasoned hashbrowns or baked beans. 9.49

BACON, HAM OR SAUSAGE & EGGS (GFO)

Choose between three full strips of bacon or a full slice of ham or two thick breakfast sausages. Each platter is served with a fruit cup or seasoned hashbrowns or homestyle baked beans† and toast. 9.49

FISH CAKE PLATTER (GFO)

Two homestyle salt cod fish cakes, grilled to perfection and served with green tomato chow, two eggs, baked beans and toast. 13.99

OMELETTES

Our three-egg omelettes are served with a fresh fruit cup or seasoned hashbrowns or homestyle baked beans† and two slices of thick toast.

ALL VEGGIE OMELETTE (GFO)

Green and red peppers, onions, mushrooms and tomatoes. 11.49
Add our three-cheese blend 3.00

WESTERN OMELETTE (GFO)

Ham, red and green peppers, onions and our three cheese blend. 12.99

HAM & CHEESE OMELETTE (GFO)

12.99

ALL DRESSED OMELETTE (GFO)

Ham, red and green peppers, onion, mushrooms, tomatoes and our three cheese blend. 13.49

ALL MEAT OMELETTE

Bacon, ham and sausage and our three cheese blend. 14.49

BENEDICTS

CLASSIC EGGS BENEDICT

An all time favourite! Two poached eggs and Canadian ham smothered in creamy hollandaise sauce on a toasted English muffin. Served with a fruit cup or seasoned hashbrowns or homestyle baked beans.† 13.99

FISH CAKES BENEDICT

Two poached eggs on salt cod fish cakes smothered in creamy hollandaise sauce and served with two slices of toast. Served with baked beans. 14.99

Derby STEAK CAKE BENNY

Two poached eggs on sliced Derby marinated rib eye potato cakes, smothered in bearnaise sauce and topped with crispy onion curls. Served with a fruit cup or seasoned hashbrowns or homestyle baked beans and two slices of toast.† 17.49



EGGS ROYALE

Two poached eggs, Nova Scotia smoked salmon, baby spinach and garlic cream cheese on a toasted English muffin smothered in hollandaise sauce. Garnished with maple bacon and green onion. Served with a fruit cup or seasoned hashbrowns or homestyle baked beans.† 17.99

†Substitute Fruit Cup, Hashbrowns or Beans with Corned Beef Hash or with a fresh Garden, Caesar, Spinach or Greek Salad add 3.00

†† Substitute meat selection with an Oktoberfest sausage add 2.50

Extra Condiments/Sauces available at an additional charge. All applicable taxes extra.

(GFO) Gluten Friendly Option

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STEAKS FROM THE GRILL

Derby OR CHARBROILED STYLE?

Since 1973, Derby style, with our secret marinade of garlic and other spices, has been the most popular choice with Steak and Stein guests. Charbroiled, on the other hand, is preferred by those who enjoy the natural, robust flavours of charcoal-broiled beef.

Steak platters are served with two eggs, and a fresh fruit cup or seasoned hashbrowns or homestyle baked beans† and two slices of thick toast. Eggs can be served fried, poached or scrambled.

BONELESS RIB EYE STEAK & EGGS

DELMONICO 7oz STEAK 19.99

DOUBLE DEL MONICO
Two 7oz steaks 29.99

CALGARY 5oz STEAK 17.99

TWO OF A KIND
Two 5oz steaks 21.99

PREMIUM STEAK & EGGS

NEW YORK STRIPLOIN
8oz cut 23.99 | 10oz cut 25.99

12oz "KING OF RIB EYES" 27.99 **GFO**

6oz BACON-WRAPPED

FILET 25.99 **GFO**
Derby style not available bacon-wrapped.

14oz COWBOY (BONE-IN)
STEAK 30.99 **GFO**

STEAK & EGG SANDWICH

A boneless 5oz rib eye steak topped with a fried egg and our three cheese blend served on a thick slice of garlic toast. Served with a fresh fruit cup or seasoned hashbrowns or homestyle baked beans.† 18.49

Upsize to 7oz Rib Eye 2.00

SIDE ORDERS

FRUIT CUP

A mix of pineapple, honeydew, cantaloupe and oranges. 5.99

TOAST (2) OR

ENGLISH MUFFIN & JAM 2.99
For multigrain toast: add .30

TWO GRADE 'A' EGGS

Fried, poached or scrambled. 2.99

GLUTEN FREE TOAST (2) 3.99

HOMEMADE OATMEAL 3.99

PANCAKES & SYRUP (2) 4.99

FRENCH TOAST WITH SYRUP (2) 4.99

BANANA BREAD FRENCH TOAST (2)

With real Canadian maple syrup. 6.99

SEASONED HASHBROWNS 3.49 **GFO**

GRILLED HASHBROWNS

& ONIONS 3.99 **GFO**

HOMESTYLE BAKED BEANS 3.49 **GFO**

SIDE BACON (3 STRIPS),
SAUSAGE (2 THICK LINKS)
OR SLICE OF HAM 4.49

OKTOBERFEST SAUSAGE 6.00

CORNED BEEF HASH 7.49 **GFO**

MARITIME FISH CAKES (2) 7.49 **GFO**

†Substitute Fruit Cup, Hashbrowns or Beans with Corned Beef Hash or with a fresh Garden, Caesar, Spinach or Greek Salad add 3.00

†† Substitute meat selection with an Oktoberfest sausage add 2.50

Extra Condiments/Sauces available at an additional charge. All applicable taxes extra.

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BREAKFAST SKILLETTS

Our Breakfast Skilletts are served with two slices of white, wheat or multigrain toast.

VEGGIE SKILLET **GFO**

Green and red peppers, onions, mushrooms, tomatoes and seasoned hashbrowns, topped with scrambled eggs and our three-cheese blend. 12.99

MEAT LOVER'S SKILLET **GFO**

Bacon, ham, sausage, red and green peppers, onions and seasoned hashbrowns, topped with scrambled eggs and our three-cheese blend. 14.49

BEEF TENDERLOIN SKILLET

Derby beef tenderloin tips, mushrooms, onions, red and green peppers and seasoned hashbrowns, topped with scrambled eggs and our three-cheese blend. 15.49

Add Creamy Hollandaise Sauce to any of our skilletts 3.00

BEVERAGES

CHILLED JUICES

Apple, orange, tomato or clamato
Reg. 2.59 | Large 2.99 | Ex. Large 4.79

MILK 1% white or chocolate
Reg. 2.59 Large 2.99 Ex. Large 4.79

BOTTOMLESS COFFEE / DECAF 2.59

BOTTOMLESS TEA 2.59

SPECIALTY TEAS 2.59

HOT CHOCOLATE 2.59

BOTTLED JUICES (455ml) 3.69

BOTTOMLESS ICED TEA OR
SOFT DRINKS 2.99

BOTTLED WATER (591ml) 2.49

CONNECT WITH US ON:

  steakandstein.ca